



**ELEMENTARY GRADES PreK-6  
February 2020 BREAKFAST MENU**

MONDAY	TUESDAY	LEAN AND GREEN WEDNESDAY	THURSDAY	FRIDAY
2/3 Cinnamon Toast Crunch Cheese-Filled Bar (40g) <>	2/4 Turkey Sausage Breakfast Pizza (22g)	2/5 Confetti Pancakes (36g) <>	2/6 Cinnamon French Toast (37g) <>	2/7 Strawberry Pancakes (40g) <>
2/10 Sweet Potato Swirl Roll (33g) <>	2/11 Maple Pancakes (38g) <>	2/12 Mini Cinnis (39g) <>	2/13 Turkey Sausage Pancake Wrap (17g) Ⓓ	2/14 Blueberry Waffles (36g) <>
2/17 <b>NO SCHOOL</b>	2/18 Turkey Sausage Breakfast Pizza (22g)	2/19 Confetti Pancakes (36g) <>	2/20 Cinnamon French Toast (37g) <>	2/21 Strawberry Pancakes (40g) <>
2/24 Sweet Potato Swirl Roll (33g) <>	2/25 Maple Pancakes (38g) <>	2/26 Mini Cinnis (39g) <>	2/27 Turkey Sausage Pancake Wrap (17g) Ⓓ	2/28 Blueberry Waffles (36g) <>
<p><b><u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:</u></b>            Assorted Cereal (20-25g) or Graham Cracker (19g)            or Yogurt (14g) or Cheese Stick (1g)            Orange juice (14g) and apple juice (14g) are offered at            breakfast. Students may have as many fresh fruits that they            would like to eat. A choice of 1% low fat white milk (13g), or            skim chocolate milk (22g) are offered at breakfast/lunch.  <b><u>A complete breakfast and lunch are FREE to every student!!</u></b></p>		<p>Grams of carbohydrate for each food are listed as (g).            Ⓓ Dairy-free entrée            &lt;&gt; Plant-based entrée            Pork, seafood, and nut-containing products are not offered.            Menu is subject to change.  <b>This institution is an equal opportunity provider, employer, and lender.</b></p>		